



**FREE
Short
Course**

Understanding Children and Young People's Mental Health

Develop the skills needed to understand Children and Young People's Mental

Recent reports suggest that mental health issues affect 1 in 10 young people in the UK. It is therefore important that those who work closely with children and young people have a good understanding of the legislation, guidance and risk-factors associated with children and young people's mental health.

Derwentside College is offering you the opportunity to undertake the Level 2 Certificate in Understanding Children and Young People's Mental Health. Whilst studying this programme you will gain an understanding of the issues facing young people including depression and anxiety.

What will I learn?

Upon completion you will achieve a NCFE Level 2 Certificate in Understanding Children and Young People's Mental Health

The qualification includes 5 units:

- Understand children and young people's mental health in context
- Understand factors which may affect children and young people's mental health
- Understand Children and Young People's mental health concerns
- Understand the impact of children and young people's mental health concerns
- Understand how to support children and young people with mental health concerns

Benefits

- Achieve a nationally recognised Level 2 qualification
- Increases your awareness and understanding of children and young people's mental health
- Learn at a time and pace that suits you with the support of a dedicated learning support team

How will I study?

- Online, at your own pace, on your phone, tablet or laptop
- With the support of an expert tutor and learning support team

How do I Find Out More?

To register your interest or to find out more please
call 01207 585 914 or email adultlearning@derwentside.ac.uk