



Restart, Renew & Refresh Programme...

Looking for a new direction or inspiration?

Why not join a taster in a range of exciting career areas
Catering & Hospitality • Construction • Engineering • Hairdressing

What is included

- Gain hands on practical skills and understanding in a vocational area.
- Work on your employability skills (CV, job applications and interview techniques).
- Build confidence, self-esteem and skills to re-enter employment.
- Learn Health and Safety skills to keep you safe at work.

Starts Wednesday 6th November
Wednesday - Friday for 4 weeks
9.30am - 3.30pm

Contact 01207 585900 to book your place